



Enabling the disadvantaged and the disabled of all ages to share the exhilaration and fulfilment of flying

Introduction to medical self-assessment

Helping Wings continues to monitor and incorporate best practice into all aspects of its work.

For some time, we have been working with Aerobility, the U.K. charity which specialises in providing flying opportunities and flying training to the disabled and disadvantaged.

Following their lead, Helping Wings is introducing a medical self-declaration questionnaire. This will form part of the application process for all flights.

The questionnaire will give you guidance on medical conditions which might caution against flying or suggest you seek advice from a medical practitioner. But, for most conditions, it is simply an acknowledgment of the condition so that we are all aware.

If you have any queries regarding the form, feel free to ask Helping Wings. For specific questions regarding flying with a particular condition, please consult your G.P.

The Helping Wings Team

Our Patron – The Lieutenant Governor, His Excellency Air Chief Marshall Sir Stephen Dalton
GCB, LLD(Hon), DSc (Hon), BSc, FRAeS, CCMI

Jersey Charity Commission- No – 27

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